



TEAMPLAYER

SUMMER

TUNE UP!

Monday, July 31, 2006

Women, sign up for an evening of hockey!

Time: 9:45pm

Cost: \$17.50

Place: Ice Sports North Shore -red rink

First come, first serve - space is limited.

Three Female Hockey Instructors and

a Goalie Coach.

Format:

Skills and Drillz!

-shooting

-stick handling

-forward and
defensive drills

-team strategies

-if we can fit it in
SCRIMMAGE!



Mail your cheque and the portion below to :



TEAMPLAYER

P.O. Box 106

Harrison Hot Springs,

BC, V0M 1K0

TEAMPLAYER

Name

Address

Phone

Email

Position

Make cheque payable to **Okwari Essentials**

Signature

All participating players acknowledge that there is a risk of being injured when playing the game of hockey.